



IDAHO DEPARTMENT OF HEALTH & WELFARE

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Message from the State Health Official

Welcome to *Get Healthy Idaho: Measuring and Improving Population Health!* *Get Healthy Idaho* consists of two integral parts: an annual plan to improve population health and an assessment of the current state of the health of Idahoans. *Get Healthy Idaho* is a five-year plan and includes annual progress on the plan objectives. The 2019 plan priorities remain:

1. Access to Healthcare
2. Diabetes
3. Tobacco
4. Obesity

The *Get Healthy Idaho* assessment is a comprehensive review of the health of Idahoans. This information provides the foundation for understanding the health of our residents and communities. In the 2019 plan you will see updated data tables, as well as new data collected from partners across the state. While the assessment highlights areas of particular concern, it also provides insight into the assets that exist across the state and within communities that can be used to address some of the areas of opportunities.

The Idaho Leading Health Indicators form the framework of *Get Healthy Idaho*. Idaho's Leading Health Indicators focus our work and assure that a population health perspective is maintained that spans the life course.

Get Healthy Idaho is a key element in the Division's achievement of 5-Year accreditation status through the Public Health Accreditation Board. This status was awarded on June 6, 2017.

With the end of the Statewide Healthcare Innovation Plan (SHIP) Model Test Grant in January 2019, you will see some *Get Healthy Idaho* initiatives also come to a close. *Get Healthy Idaho* however, continues to incorporate strategies that shift from traditional clinical based approaches, to innovative patient centered and community-wide approaches. The Division of Public Health makes every effort to integrate and collaborate within the Division and Department, as well as with external partners to maximize positive impacts to population health measures.

The Division of Public Health is committed to the comprehensive, inclusive, transparent, and on-going process of *Get Healthy Idaho* that supports the health of all Idahoans, both current and future. We thank you for your interest in this report and Idaho's future.

An electronic copy of this report, as well as the most current population health data associated with *Get Healthy Idaho*, can be found online at <http://gethealthy.dhw.idaho.gov>.



In Good Health!

Elke Shaw-Tulloch, MHS
Administrator
Division of Public Health